



وزارة التربية
Ministry of Education
State of Kuwait | دولة الكويت

SKYLINE ENGLISH

Handwriting Book

4A





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حَضْرَةُ صَلَاحُ السُّمُو الشَّيْخِ مَشْعَلِ الْاَحْمَدِ الْجَابِرِ الصَّبَّاحِ

أَمِيرَ دَوْلَةِ الْكُوَيْتِ

H.H. Sheikh Meshal AL-Ahmad AL-Jaber AL-Sabah
Amir Of The State Of Kuwait



سَمُو الشَّيْخِ سَبَّاحٍ خَالِدٍ الْحَمَادِ السَّبَّاحِ
وَلِيِّ عَهْدِ دَوْلَةِ الْكُوَيْتِ

H. H. Sheikh Sabah Khaled Al-Hamad Al-Sabah
Crown Prince Of The State Of Kuwait

Name:

Class:

Subject:

School:



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/ / 20

Healthy habits make a strong body.

Healthy habits make a strong body.



Rest well to get ready for a new day.

Rest well to get ready for a new day.



Stretch and warm up before exercise.

Stretch and warm up before exercise.

Drink water to stay hydrated.

Drink water to stay hydrated.



Trace and copy



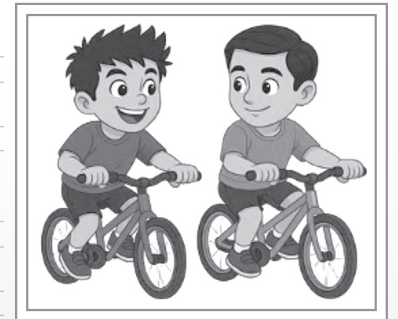
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A coach helps you do your best.

A coach helps you do your best.

Cycling is fun and it keeps you fit.

Cycling is fun and it keeps you fit.



Trace and copy



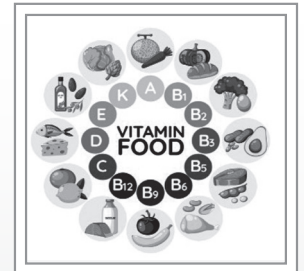
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Energy comes from healthy grains.

Energy comes from healthy grains.

Vitamins help you stay strong and healthy.

Vitamins help you stay strong and healthy.



Trace and copy



/ / 20

Proteins help your body stay fit.

Proteins help your body stay fit.



Eat less fat to stay healthy.

Eat less fat to stay healthy.

Trace and copy



/ / 20

Fitness apps can help you stay fit.

Fitness apps can help you stay fit.



A walkathon is an exciting way to stay healthy.

A walkathon is an exciting way to stay healthy.

Trace and copy



/ / 20

Think before you choose your food.

Think before you choose your food.



It is good to learn about healthy living.

It is good to learn about healthy living.

Trace and copy



/ / 20

Healthy habits make a strong body.

Healthy habits make a strong body.



First, watch. Next, ask. After that, learn.

First, watch. Next, ask. After that, learn.

Trace and copy



/ / 20

Spend time with friends playing outside.

Spend time with friends playing outside.

Stretch your body to stay fit.

Stretch your body to stay fit.



Trace and copy



/ / 20

Cycling is a smart exercise for your heart.

Cycling is a smart exercise for your heart.

Stay hydrated when you exercise.

Stay hydrated when you exercise.



Trace and copy



/ / 20

Volunteers carry water during Hajj.

Volunteers carry water during Hajj.



Families walked around the block.

Families walked around the block.

Trace and copy



/ / 20

I speak politely to my teachers.

I speak politely to my teachers.

We decorate our home beautifully.

We decorate our home beautifully.



Trace and copy



/ / 20

Grandma gave me shiny beads.

Grandma gave me shiny beads.



The concert was very exciting.

The concert was very exciting.

Trace and copy



/ / 20

We must respect all religious events.

We must respect all religious events.

Muslims go around Al-Kaaba.

Muslims go around Al-Kaaba.



Trace and copy



/ / 20

The parade had waving flags.

The parade had waving flags.



Fasting teaches us to be patient.

Fasting teaches us to be patient.

Trace and copy



/ / 20

Let us organise the celebration today.

Let us organise the celebration today.

Unity makes our country strong.

Unity makes our country strong.



Trace and copy



/ / 20

Islam has five main pillars.

Islam has five main pillars.

The leader's speech talked about peace.

The leader's speech talked about peace.



Trace and copy



/ / 20

I saw fireworks on the rooftop tonight.

I saw fireworks on the rooftop tonight.



I like wearing traditional clothes.

I like wearing traditional clothes.

Trace and copy



/ / 20

I always pray for freedom.

I always pray for freedom.

Some restaurants offered free food today.

Some restaurants offered free food today.



Trace and copy



/ / 20

Shops offered Eid discounts yesterday.

Shops offered Eid discounts yesterday.



We sing the National Anthem at school every day.

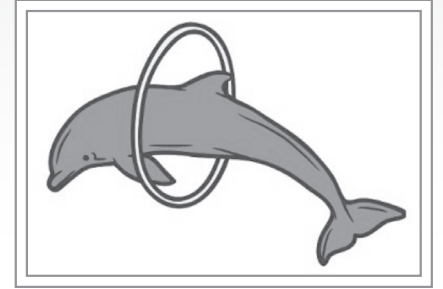
We sing the National Anthem at school every day.

Trace and copy



Dolphins are smart animals.

Dolphins are smart animals.



Dolphins jump through hoops.

Dolphins jump through hoops.



Octopuses change colour to hide in rocks.

Octopuses change colour to hide in rocks.



Flamingos migrate to warm places for food.

Flamingos migrate to warm places for food.

Trace and copy



/ / 20

Ask questions to learn about wild animals.

Ask questions to learn about wild animals.

Gazelles run fast across the desert sand.

Gazelles run fast across the desert sand.





A whale is heavier than a dolphin.

A whale is heavier than a dolphin.

Tentacles help octopuses catch food.

Tentacles help octopuses catch food.





Shrimps give flamingos their pink colour.



Shrimps give flamingos their pink colour.

Warm deserts have wild and clever animals.

Warm deserts have wild and clever animals.

Trace and copy



/ / 20

Octopuses spray ink when they are in danger.

Octopuses spray ink when they are in danger.

A whale is the heaviest animal in the sea.

A whale is the heaviest animal in the sea.



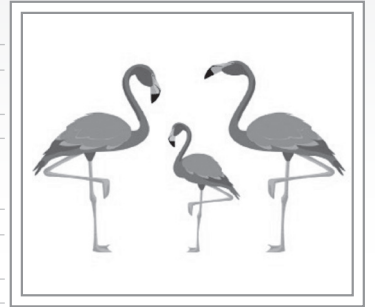
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/ / 20

Flamingos have curved necks.

Flamingos have curved necks.



Flamingos migrate when the weather is cold.

Flamingos migrate when the weather is cold.



Ask questions about animals to learn more.

Ask questions about animals to learn more.



Information about nature helps us protect animals.

Information about nature helps us protect animals.

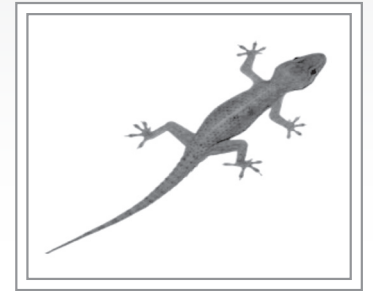
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/ / 20

The lizard is light but very fast.

The lizard is light but very fast.



Animals hide to stay safe in the wild.

Animals hide to stay safe in the wild.



We should be kind to all animals.

We should be kind to all animals.



Wild animals can be dangerous.

Wild animals can be dangerous.



The poet wrote a poem about Kuwait.

The poet wrote a poem about Kuwait.

The bell rang when we were singing the National Anthem.

The bell rang when we were singing the National Anthem.



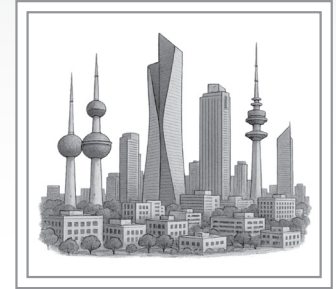
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The capital of Kuwait is Kuwait City.

The capital of Kuwait is Kuwait City.



We must treat everyone with respect and kindness.

We must treat everyone with respect and kindness.

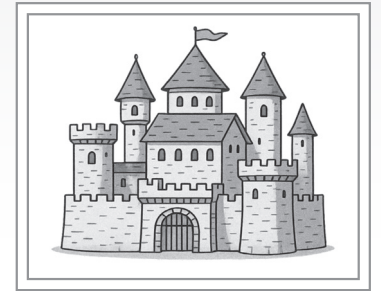
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/ / 20

I saw a big castle in Japan.

I saw a big castle in Japan.



The children played peacefully in the park.

The children played peacefully in the park.

Trace and copy



/ / 20

“Love your country. It is your home.”

“Love your country. It is your home.”



KUWAIT

“We learn more when we meet different people.”

“We learn more when we meet different people.”

Trace and copy



/ / 20

I stayed in a big hotel with my family.

I stayed in a big hotel with my family.

Failaka is a Kuwaiti island with old buildings.

Failaka is a Kuwaiti island with old buildings.



Trace and copy



/ / 20

I flew on a plane to Bahrain.

I flew on a plane to Bahrain.



I was reading a book when my friend came.

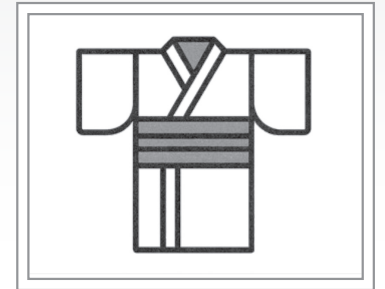
I was reading a book when my friend came.

Trace and copy



/ / 20

I wore a kimono when I went to Japan.



I wore a kimono when I went to Japan.

“The world is big, and everyone matters.”

“The world is big, and everyone matters.”

Trace and copy



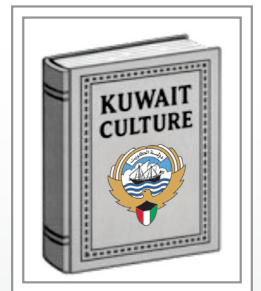
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I liked the big mountains in Oman.

I liked the big mountains in Oman.

We read about the culture of Kuwait.

We read about the culture of Kuwait.



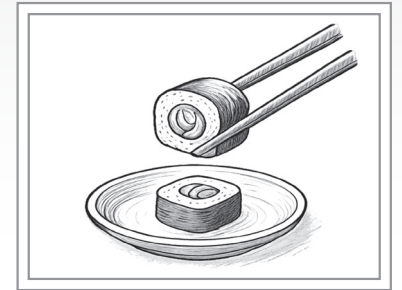
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/ / 20

I ate sushi with chopsticks.

I ate sushi with chopsticks.



Kuwait lies on the Arabian Gulf.

Kuwait lies on the Arabian Gulf.

Trace and copy



/ / 20

Asia is big. It has many big countries.



Asia is big. It has many big countries.

“Be kind and show love for your land.”

“Be kind and show love for your land.”

Credits and Acknowledgments

Design and Layout

The overall design and layout of this book were created using Canva.

Fonts Used

This book uses the following fonts: Primary Sassoon and Century Gothic.

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Vocabulary Reference

Minimum word usage and age-appropriate vocabulary were carefully selected and cross-checked for CEFR level alignment using the Oxford Learner's Dictionary website (www.oxfordlearnersdictionaries.com) and the Cambridge Dictionary website (www.dictionary.cambridge.org).



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