

وزارة التربية Ministry of Education دولــــة الكويت | State of Kuwait

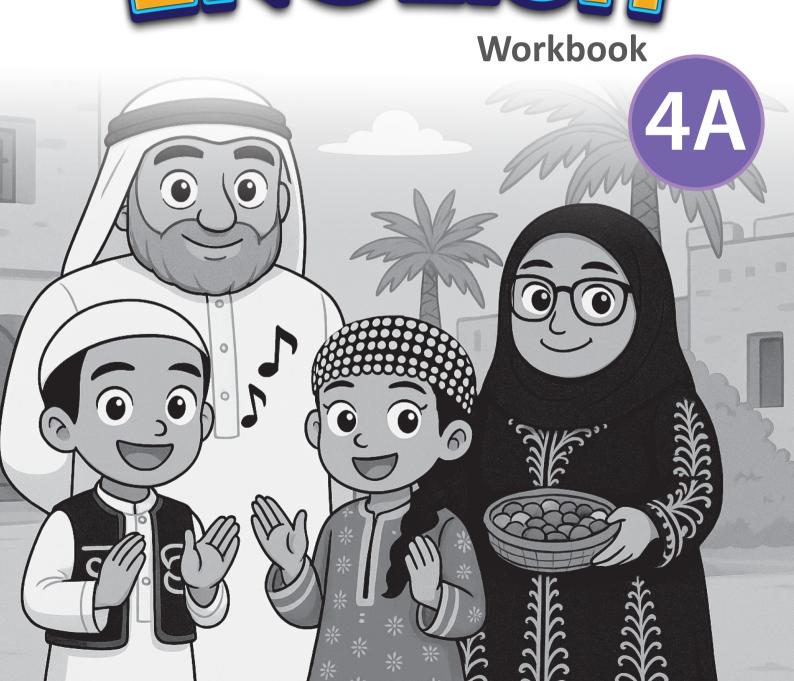
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Workbook





وزارة التربية Ministry of Education



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Crown Prince Of The State Of Kuwait

Content oooo

Content

Page

Unit One:

Health is Wealth

1

Unit Two:

Celebrations and Religious Events

11

Unit Three:

Discover the Animal World

21

Unit Four:

Exploring Kuwait and the World Around Us

31



1 UNIT (1)

Health is Wealth



Health is Wealth

at-b	/	/	
•••		/ 20	`
	/	/ 20	



Complete the chart, then write

Healthy Habits	Sun	Mon	Tue	Wed	Thurs	Fri	Sat
Use fitness App	√	✓	√	√	√	√	✓
Stretch before exercise							
Eat healthy breakfast							
Get rest							

1. I use thefitness app every day to keep fit.	
2. On weekends, I before exercise.	
3. It is important to get and sleep every nigh	nt.

Choose the correct answer from a, b, c or d

1. [Exercising every	day is a good		
	a. habit	b. fitness	c. app	d. brain
2.	I	before running.		
	a. spend	b. hear	c. stretch	d. hurt
3. I	Reem read a/a	n	book about anir	nals yesterday.
	a. healthy	b. interesting	c. smart	d. sharp
4. 1	,	b. interesting		d. sharp

Correct the verbs between brackets

1. I like <u>----helping</u> (help) people.



2. My mother _____ (like) cooking food.



3. They enjoy _____ (play) together.



4. Grandpa _____ (enjoy) reading Quran.



Choose the correct answer from a, b or c

- 1. water every day.
 - a. Drinks

b. Drink

- c. Drinking
- 2. I enjoy with my friends at the park.
 - a. walking
- b. walks

- c. walk
- 3. early to rest your brain!
 - a. Sleeps

- b. Sleeping
- c. Sleep





Write the missing words to complete sentences



1. 1913. ATTICITIVES OFFICIALLY	1.	Ms. A	mal lives	а	healthy	
---------------------------------	----	-------	-----------	---	---------	--

2. They _____ their legs before they run.



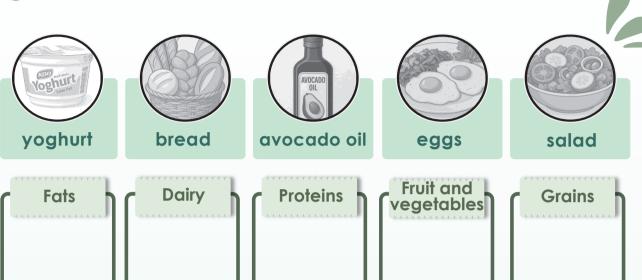


Write a short paragraph about 'Healthy Habits with the help of the following pictures and guide words

	athletic do-exercise)	(brush-teeth)	(eat-healthy)	(sleep-early)
	Writing checklist Capitals Punctuation Finger spaces Spelling Does it make sense?	Title:		
<u> </u>				



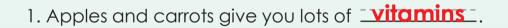
Classify the food items into the food groups





Complete the sentences

fats – dairy – vitamins – protein – grains – energy





2. Milk and cheese are _______



3. Rice and bread are ______.



4. Meat and eggs give your body ______.



5. Cake and butter are _____.





Complete using (going to)

1. Next week, I _an	ngoing to eat (e	eat) more fruit and vegetables.
2. They		(visit) their grandfather.
3. My sister		(walk) to school with me.
4. We	(r	play) football in the park.
Choose the corre	ect answer from a	, b or c
1y	our hands before yo	ou eat.
a. Wash	b. Washing	c. Washed
2. I	going to eat health	y food to keep fit.
a. is	b. am	c. are
3. Fahad enjoys	on the	beach.
a. runs	b. run	c. running
3. They are going to	o foc	otball after school.
a played	h plav	c plavina

Writing





Fill in the graphic organiser then use it to write a paragraph about your 'Lifestyle'. The following guide words may help you

Guide words					
sports club – healthy – water – sw	eets – fats – keep fit				
1. Where do you play sport?	2. What do you drink?				
	·				
HEALTHY					
3. What do you eat?	4. What shouldn't you eat?				
	·				
Writing checklist Capitals Punctuation Finger spaces Spelling Does it make sense?					

Trace and copy

They enjoy cooking. They enjoy cooking.	
I like eating fruits. I tike eating fruits.	DANCE
Sleep early every night.	
-Steep early every night.	

Trace and copy

He is going to do judo.

He is going to do judo.



She is going to cook.

She is going to cook.



Don't eat a lot of sweets.

Don't eat a lot of sweets.







Celebrations and Religious Events



2

Celebrations and Religious Events

/

			/	/ 20
CI CI	hoose the corre	ct answer from	a,b,c or d	
1.	He is a good boy	. He speaks	with t	nis teacher.
	a. loudly	b. politely	c. usefully	d. next
2.	We must always .		our parents and te	eachers.
	a. carry	b. respect	c. decorate	d. attend
3.	Hajj is the fifth	O	f Islam.	
	a. concert	b. bead	c. pillar	d. block
Re	ead and comple	ete from the list	1	
	12	M	journe	y
cari	12	patient	journe	y beads
	ry \	patient	NEW	ML
cari	ry \	patient	around	ML
cari	thankfu	patient	around blourful	ML
1. 2.	thankfu She wears a neck	patient klace made of co	around blourful	ML
1. 2. 3.	she wears a neck	patient klace made of co	around Dolourful	ML

and wait for your turn.

5. Be





Complete the dialogue using (going to)

Ahmad: What are you going to do, Salem?			
Salem: I am	with my father.		
Ahmad:	are you going to go?		
Salem: We are	at eight o'clock.		
Ahmad: Have fun!			
Salem: Thank you, Ahmad!			

Choose the correct answer from a,b or c

- Tomorrow, we are visit my grandmother.
 a. going to b. go to c. went to
 She is going to new clothes, next Friday.
 a. bought b. buys c. buy
- 3. I going to play games with my cousins.
 - a. is b. was c. am

Writing





Fill in the graphic organiser, then use it to write a paragraph about 'Ramadan'. The following guide words may help you

Guide words				
special - month - fast - teaches - patient - Eid Al-Fitr				
1. What is Ramadan?	2. What do Muslims do?			
RAMAD	AN			
3. What does Ramadan teach us?	4. What comes after Ramadan?			
Writing checklist Capitals Punctuation Finger spaces Spelling Does it make sense?				

Vocabulary

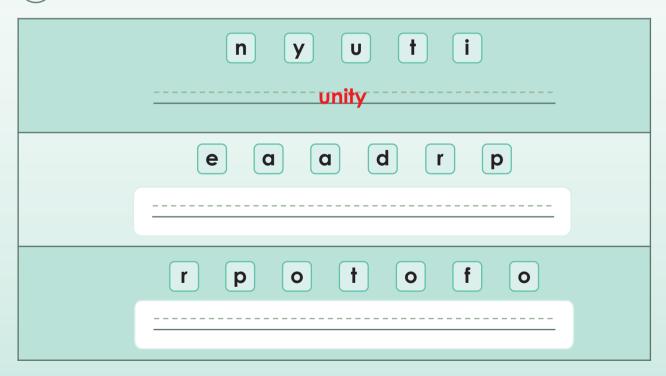




Read, classify then find the correct meaning

	Read	Classify		Meaning
1	parade	noun		A National Song.
2	unity			To plan something.
3	anthem		1	A group of people walking or marching for celebration.
4	organise			Done in an old or usual way.
5	traditional			Being together as one.

Reorder letters to form words, then fill in the spaces



- 1. We show _____ when we help each other.
- 2. We watched the _____ on National Day.

Read and correct the verbs between brackets using 'Past Tense'

Last week, I	(visit) my grandmothe	er's house.
She (decorate	te) her house. She	(cook)
delicious food. We	(eat) a big dinner	r together.
My cousins	(come) to play, with me	
We (have)	fun.	

Choose the correct answer from a,b or c

1. Yesterday, Nasser.	a	movie.
a. watch	b. watched	c. watches
2. They	a music concert l	last Thursday.
a. attended	b. attend	c. are attending

- 3. What you do four days ago?
 - a. are b. does c. did

Writing





Fill in the graphic organiser then use it to write a paragraph about "My Friend's Party". The following guide words may help you

Guide words

went – friend's party – Saturday – house – ate – cake

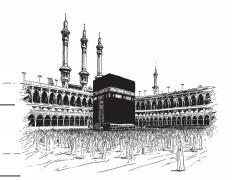
1. What did you do last week?		2. When was the party?
3. Where was the party?		4. What did you do there?
] (•

Writing checklist
Capitals
Punctuation
Finger spaces
Spelling
Does it make sense?

Title:

Trace and copy

Hajj is the fifth pillar.



Hajj is the fifth pillar.

Muslims fast in Ramadan.

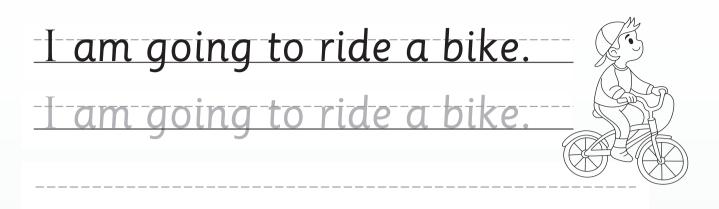


-Muslims fast in Ramadan.



I watched a movie yesterday.

I watched a movie yesterday.



He is going to buy a shirt.



He is going to buy a shirt.



She prepared a tasty meal.

She prepared a tasty meal.



Discover the Animal World





Discover the Animal World

Vocabulary

deb	/	/	
		/ 20	
	/	/ 20	



Match the animals with their description

No.	Animal	No.	Description
1			It has eight long arms and lives in the ocean.
2			It is big and grey, and has a long trunk.
3			It lives in the desert and can run fast.
4			It is smart and can jump high in the water.

Read the sentences and tick (\checkmark) or (x)

- 1. Flamingos live near the sea.
- 2. Dolphins can swim fast.
- 3. Lizards fly in the sky.
- 4. Octopuses can spray ink.



Read the sentences, choose and correct

1. The rabbit is (big /small) bigger than the bird.



2. The lizard is (long/short) _____ than the crocodile.



3. The train is (fast/slow) _____ than the car.



4. The fish is (**big/small**) _____than the dolphin.



Choose the correct answer from a, b or c:

- 1. My mother coffee every day.
 - a. drinks
- b. drank

- c. drinking
- 2. The whale is than the dolphin.
 - a.big

- b. bigger
- c. bigges
- 3. I my homework now.
 - a.write
- b. writing c. am writing
- 4. Last week, we our teacher in the classroom.
 - a. help
- b. helped
- c. are helping

Writing





Fill in the graphic organiser, then use it to write a paragraph about your favourite animal

	What is your favourite animal?
	2. Where does it live?
	3. What does it eat?
	4. What does it look like?
Writing checklist	
Capitals Punctuation Finger spaces Spelling Does it make sense?	Title:



Choose the correct answer from a, b, c or d

- 1. My dad brought me milk.
 - a. wild

- b. warm c. shiny d. smart
- 2. Yesterday, I saw a wild in the desert.
 - a. octopus
- b. dolphin c. whale
- d. fox
- 3. I bought two for the museum.
 - a. trainers
- b. tickets
- c. tentacles
- d. bones



Complete the sentences with words from the list

curved - tentacles - spray - heavy - hoop

1. The flamingo's neck is tall and **curved**



2. The dolphin can jump through a ______



3. The whale is very



4. An octopus has eight



Vocabulary



Find the words

- 1. lizard
- 2. shiny
- 3. wild
- 4. shrimp
- 5. fox
- 6. warm

g	w	i	ı	d	d	f
t	n	h	U	g	g	0
s	h	r	i	m	р	х
w	g	h	j	k	I	υ
а	ı	i	z	а	r	d
r	0	w	е	t	t	У
m	s	h	i	n	у	f

Spelling



Read, combine then complete

1. small + er = ______



3. fast + er = _____

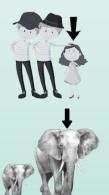


5. big + er = ______









Writing

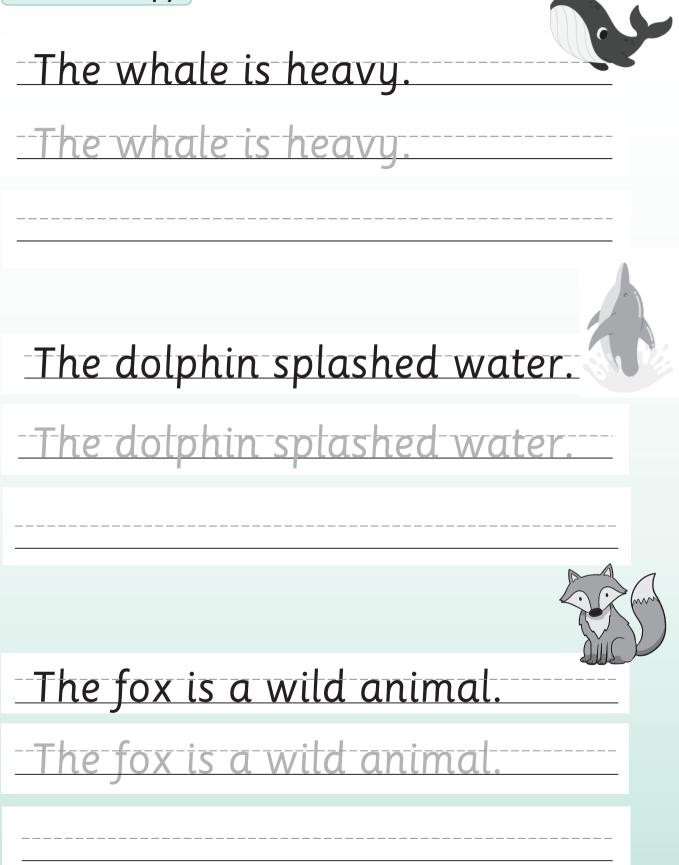




Fill in the graphic organiser, then use it to write a paragraph about 'A gazelle'. The following guide words may help you

Guide words					
sand – wild – desert – grass – run – fast					
1. What is this animal?		2. Where does it live?			
3. What does it eat?		4. What does it do?			
Witting checklist Capitals Punctuation Finger spaces Spelling Does it make sense?	tle:				

Noura enjoys camping. Noura enjoys campu The gazelle runs very fast. The gazette runs very for The octopus has 8 tentacles. The octopus has 8 tentacles.







Exploring Kuwait and the World Around Us





Exploring Kuwait and the World Around Us

Vocabulary





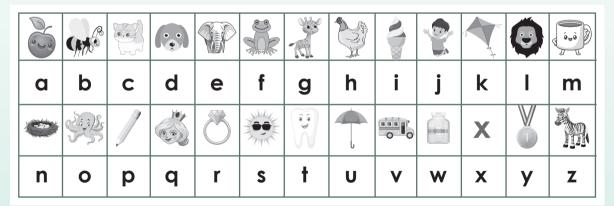
Read and choose the right word from a, b, c or d

- 1. My brother is a poet, he likes to write about flowers.
 - a. poems
- b. states
- c. capitals
- d. trips
- 2. The old city on the mountains.
 - a. sprays
- b. lies
- c. rings

- d. rides
- 3. Kuwait's..... has many traditional songs and food.
 - a. meaning
- b. poem
- c. culture
- d. poet



Decode, then complete the sentences







- 1. This ______ is full of pictures of old places in Kuwait.
- 2. Tokyo is the _____ of Japan.



Read and complete



At 9 o'clock on Sunday, December 1st 2010, the Kuwaiti Football Team won the Gulf Cup.

What were these people doing at 9 o'clock when the footballer scored the goal?





They were ______

when the footballer scored the goal.



Salem ______

when the footballer scored the goal.



The children ______

when the footballer scored the goal.



My sister _____

when the footballer scored the goal.



Yours,......



Rewrite using the proper punctuation marks

last month, i went to dubai with my family the weather was very nice we went to dubai mall at the mall we watched a movie had	
lunch and bought new clothes it was a fantastic day.	I /
]
	_
DUBAI MALL	
Write an email about your beautiful country. The following guide words may help you	ng
	ng
guide words may help you	ng
guide words may help you trip – visit – beautiful – places – enjoy – friendly	ng
guide words may help you trip - visit - beautiful - places - enjoy - friendly Send Save New Discard	ng
guide words may help you trip - visit - beautiful - places - enjoy - friendly Send Save New Discard To:	ng
guide words may help you trip - visit - beautiful - places - enjoy - friendly Send Save New Discard To: Subject:	ng
guide words may help you trip - visit - beautiful - places - enjoy - friendly Send Save New Discard To: Subject:	ng





Fill in the blanks with the suitable word from the list

chopsticks, island, actually

- 1. _____, it was a good day to play in the park.
- 2. Let's go to Failka _____ by boat.
- Find the words, then complete the sentences







- 1. My family went on a ______ to Qatar last year.
- 2. There is an old _____ near my grandfather's house.
- 3. _____ rolls is my sister's favourite food.





Correct the verbs between brackets



The sheep _____ (jump) over the fence yesterday.



This morning, the cat _____ (is) (sit) on the tree.



Sara _____ **(play)** on the beach last Friday.



Last week, my brother _____ (run) through the park.

Choose the correct answer from a, b or c:

1	. The	boy was	riding I	his bike	when h	ne	on the	ground.

a. falling

b. falls

- c. fell
- 2. The mansick, he went to see the doctor.
 - a. is

b. be

- c. was
- 3. Last Monday, we a long movie on TV.
 - a. watched
- b. watch

c. are watching



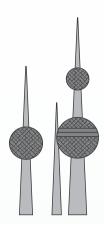


With reference to the fact file, choose a country and write a paragraph about it

Flag	Country Name	Capital	Currency	Famous Places
	Kuwait	Kuwait City	Kuwaiti Dinar	Kuwait Tower
	Saudi Arabia	Riyadh	Saudi Riyal	Makka
	Japan	Tokyo	Yen	Mount Fuji

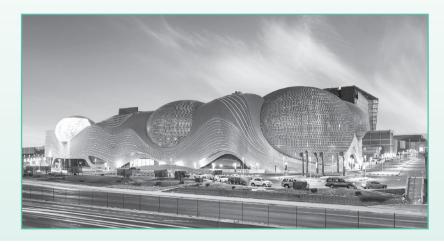
Writing checklist
Capitals
Punctuation
Finger spaces
Spelling
Does it make sense?

r:11 ~ .	
Γitle:	



Kuwait Towers are famous.

Kuwait Towers are famous.

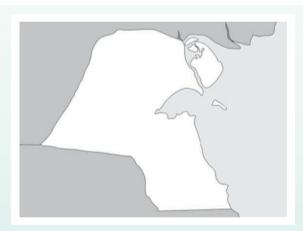


The Avenues Mall is in Kuwait.

The Avenues Mall is in Kuwait.



The Japanese	currency	is ye	n.
-The Japanese	currency	is ye	n



Kuwait	is a	country	in Asia.	
-Kuwait	is a	country	in Asia.	

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Images and Illustrations

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The overall design and layout of this book were created using Canva.

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Icons and Graphics

Icons and graphic elements were created using ChatGPT tools and illustrations.









PDF Book



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