

وزارة التربية **Ministry of Education**

Workbook





وزارة التربية **Ministry of Education**

دولـــة الكويت | State of Kuwait

Workbook



© Ministry of Education - State of Kuwait. 2025

All rights reserved; no part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior written permission of the Publishers.

First Edition 2025-2026

Printed in Kuwait by: Al-Alfain Reprographic Industries Co. K.S.C.C

Educational content Reviewer:

Walaa Alnafisi Nawaf Al-Rasheedi Hind Al-Muhaini

Special mention for their valued contribution:

Mrs. Hadeel Hassan Ali Al Kandari, Acting General ELT Supervisor, MOE;

Mrs. Amal Shayea Mohammed Al-Jimaz, ELT Senior Supervisor, MOE;

Mrs. Girmeen Al- Sayed Soliman Gendia, ELT Supervisor, MOE;

Mrs. Woroud Mohammed Alkhaled Mollouk, ELT Supervisor, MOE;

Mrs. Eman Qassim Mohammed Al-Bloshi, ELT Supervisor, MOE;

Mrs. Sakeena Hussain Ahmed Kankouni, ELT Supervisor, MOE;

Mrs. Sahar Abdulaziz Abdullah Malak, ELT Supervisor, MOE;

Mrs. Kholoud Zaid Nassar Zaid, ELT Supervisor, MOE;

Mrs. Hanadi Mejbel Huzaim Al-Mutairi, HOD, MOE;

Mrs. Fatma Emad Abdulhadi AlSaeed, English Teacher, MOE.









Amir Of The State Of Kuwait





H. H. Sheikh Sabah Khaled Al-Hamad Al-Sabah Crown Prince Of The State Of Kuwait

Content

0000

Content

Unit One: All about Kuwait 2

Unit Two: My Day 12

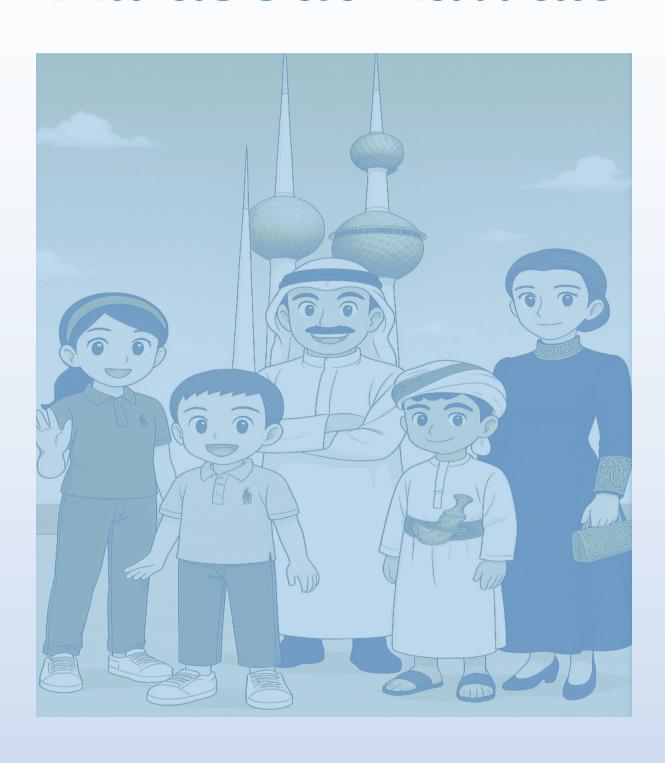
Unit Three: My Healthy Lifestyle

Unit Four: My Future Job

32

22

1 UNIT 1 All about Kuwait





All about Kuwait

Vocabulary





Complete your ID, then write



My name is	I am	years old.
I am from	 I live in	
with my		

Choose the correct answer from a, b or c

1.	We usually drink laba	n milk after lunch. It's	our
	a. tradition	b. tower	c. top
2.	I will	a new bag for my	mother.
	a.travel	b. bring	c.discover
3.	My favourite	is choco	late cake.
	a. dessert	b.nature	c.dinosaur
4.	There are fun	in the Dis	covery Place.
	a. activities	b. guests	c. cousins



Fill in the spaces using the list below

What - Where - Who - When

1. _____ do you go to school?



are your books?



are you doing?



📆 Choose the correct answer from a, b or c

- 1. We the aquarium next week.
 - a.visit
- b.will visit c. visiting
- 2. I can four books on the desk.
 - a.see

- b.seeing c.saw
- 3. Fahad pizza for dinner, every Friday.
 - a. ate

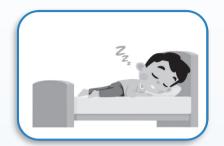
- b.eating
- c.eats
- 4. There are fun science activities to in school.
 - a.discover
- b.discovered c.discovering



©Circle the correct verb then complete the sentences

1. I to bed early.

go goes



2. They _____ in a big house.

live lives



3. We to Oman next week.

travel will travel



4. He _____ football tomorrow.

play will play



5. He _____ from Bahrain.

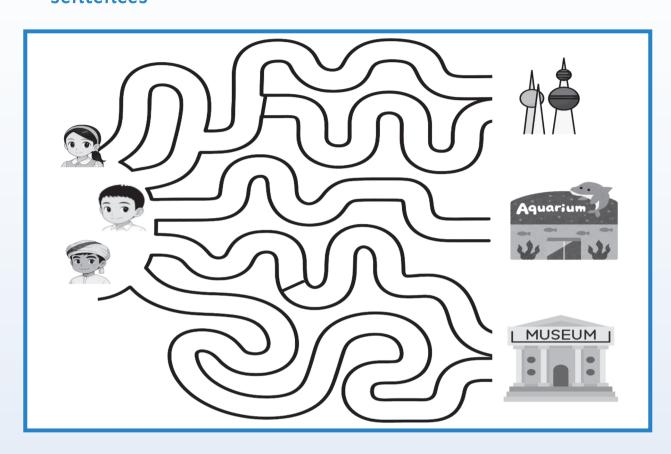
come comes







Follow the path to reach the place then complete the sentences



- 1. Hussain will go to the about history.
- 2. Noura will go to photos. to take some
- 3. Hamad will go to the colourful fish.





Correct the verb between brackets

Tomorrow, Bader will meet (meet) his friend Sami.

They will enjoy their time together.

First, they (play) football. Next,

they (swim) in the sea. Then, they

(buy) a delicious meal. Finally, they

(go) Averum to the aquarium.

Writing



1. (travel — Oman)



2. (eat - dessert)



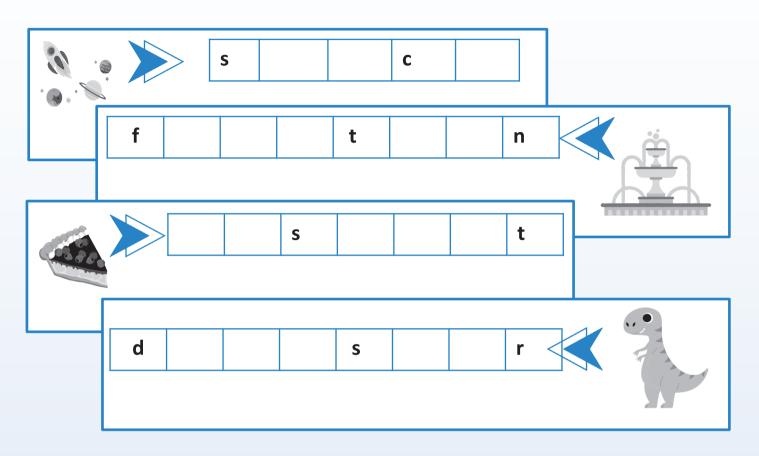
3. (visit - museum)



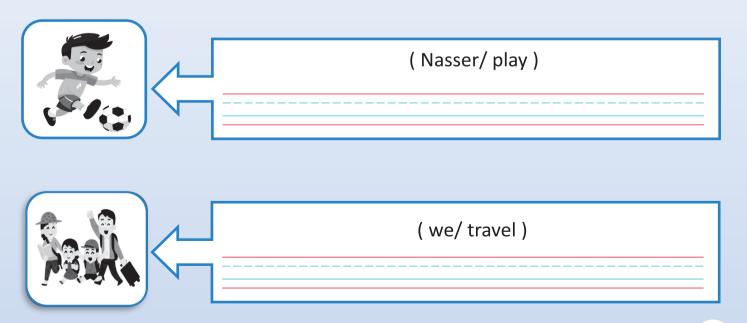
Writing



Complete the missing letters with the help of the pictures



Write sentences with the help of pictures and guide words using proper punctuation marks





I come from Kuwait.



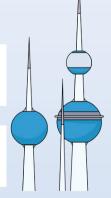
I come from Kuwait.

He likes desserts.



He likes desserts.

They go to Kuwait Towers.



They go to Kuwait Towers.



He will travel tomorrow.



He will travel tomorrow.

She likes the aquarium.



She likes the aquarium.

The museum is a fun place.

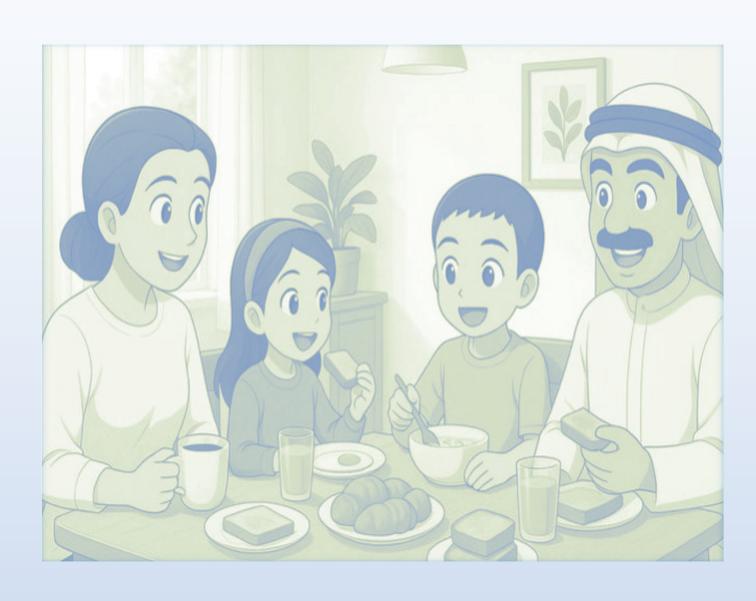


The museum is a fun place.





UNIT 2 My Day



Vocabulary

/ /20



Complete the sentences with words from the list

sunrise- half past- homework- tired

- 1. I usually wake up early at _____ at 4 o'clock.
- 2. She always does her
- 3. At the weekend, Sami always gets up at ______ten.
- 4. My father feels _____ after work.

Writing



Draw the hands on the clock, then complete the sentences



half past five



7 o'clock



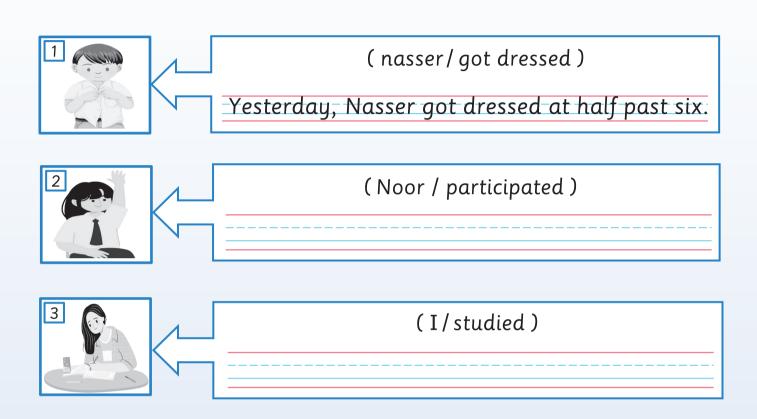
half past three

- 1. I wake up
- 2. I get dressed
- 3. I study





Look and write sentences with proper punctuation marks using (yesterday)



Rewrite the sentences using proper punctuation marks

1. what does your mother do

2. she prepares tasty food

Choose the correct answer from a, b or c

- 1. Yesterday, Salma cornflakes for breakfast.
 - a. has

b. had

- c. have
- 2. Our teacher us a new spelling rule last week.
 - a. gave

b. give

- c. gives
- 3. Last Friday, my grandmother lunch for the family.
 - a. cooks

- b. cook
- c. cooked



Write sentences about what Dana did yesterday

(learn - English)



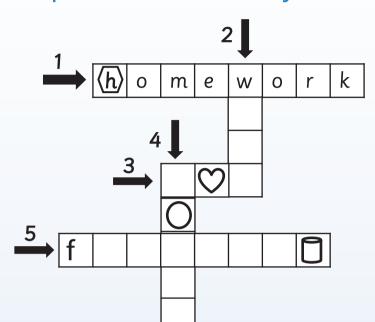
(sleep - early)







Complete the crossword to find the secret word



0	Q	O	0	
h				

1. I write my homework everyday.



in English yesterday. 2. I learned a new



3. She is



4. They can difficult words.



5. My teacher is



The secret word is







Decode the secret words with your partner

1	2	3	4	5	6	7	8	9	10	11	12	13
а	b	С	d	е	f	g	h	i	j	k	l	m
14	15	16	17	18	19	20	21	22	23	24	25	26
n	0	р	q	r	S	t	u	V	W	Х	y	Z

$(\mathring{\mathbb{D}}^{\circ})$ Read and choose the correct answer from a, b or c

- 1. Every morning, Sara wears her school
 - a. homework

b. uniform

- c. sunrise
- 2. Yesterday, we...... a short story in English class.
 - a. went

b. wrote

- c. wore
- - a. Arabic

b. word

- c. hour
- 4. I am I forgot to bring my homework.
 - a. happy

b. sad

c. kind





Change the verbs to past tense, then write a sentence

Verb (present)	Past (regular)	Past (irregular)
prepare	prepared	
wake up		woke up
start		
revise		
write		
ride		
sleep		
give		

Yesterday,	
J •	

Unscramble the letters to find the correct word

- 1. $yhapp \rightarrow$
- 2. $dsa \rightarrow$
- 3. $ndik \rightarrow$
- 4. dreti →



I woke up at half past five.

I woke up at half past five.



I usually go to school at 7.



I usually go to school at 7.



Majed always plays basketball.

Majed always plays basketball.



I went to school yesterday.



They learn different subjects.

They learn different subjects.

Reem slept early last night.

Reem slept early last night.





UNIT 3 My Healthy Lifestyle



My Healthy Lifestyle



	Read	and	choose	the	riaht	word	from	a.	b	or	C
6	11C CCC	Circa	CITOOSC	CICC	regree	Word	Jioni	α,		O i	

- 1. Myhurts. I ate a lot of chocolate.
 - a. stomach

b. medicine

- c. snack
- 2. The doctor gave the sick boy
 - a. medicine

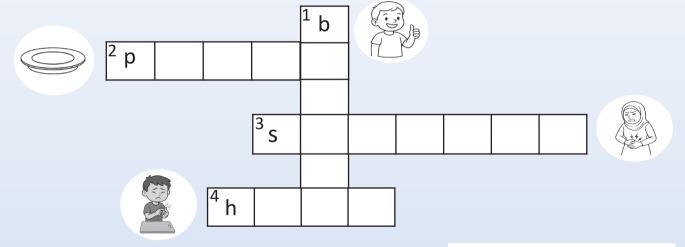
b. cookies

- c. fruit
- 3. Don't eat food, it is not good for your body.
 - a. healthy

b. unhealthy

c. better





- 1. Live a healthy lifestyle, and you will get
- 2. Sara ate the food on her
- 3. My mother needs medicine for her
- 4. Don't ______ your hand with this knife.





📆 Choose the correct word from a, b or c

- 1. Always fresh vegetables.
 - a. eating

b. ate

- c. eat
- 2. your hands every day.
 - a. Wash
- b. Washed

- c. Washing
- 3. Yesterday, I..... orange juice.
 - a. drank

b. drink

- c. drinking
- 4. My father sports at the gym last Monday.
 - a. play

b. plays

c. played



Complete the paragraph below with the following verbs

eat – watch – open – brush – drink

Hello Aya, I will go to the gym to play sports this Friday,

the door of my bedroom! please: Don't

TV! Don't eat a lot of chocolate Don't _____

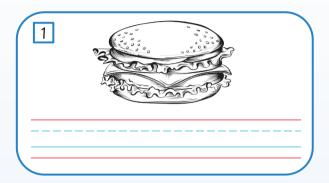
______ fruit and vegetables! and chips!

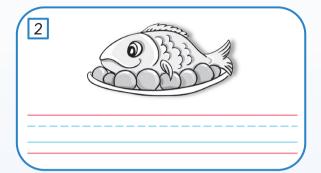
your teeth! -- water and ____

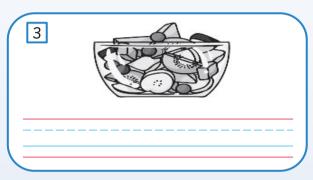


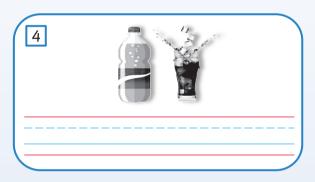


fizzy drinks – grilled fish – burger – fruit salad









Write sentences with the help of guide words and pictures using proper punctuation marks

1. (walk – morning)



2.(don't – fast food)



3. (eat – breakfast)



Read and choose the right word from a, b or c

1. Don't eat a lot of biscuits or you will get



a. ill

b. better

c. fizzy

2. The waiter gives my mother the food



a. lifestyle

b. menu

c. mushroom

3. Can I have a chicken, please?



a. wrong

b. weak

c. grilled



drink — healthy — don't — play — eat



Reporter: What do you do?

Footballer: I am a footballer. I am fit and

·

. I ______

football every day.



Reporter: What do you do to keep fit?

Footballer: I

cookies and I

fizzy drinks.



🕮 Look at the picture and choose from a, b or c

A Picnic with My Family



1.	There	aren't	 oranges.

a. any

b. some

c. every

- 2. There is popcorn.
 - a. any

b. some

- c. every
- 3. Can i drink water, please?
 - a. any

b. some

c. every

Complete the following sentences using some or any

1. There is _____ milk in the fridge.



2. There is

soup for you on the table.



3. Are there

eggs in the basket?





Remember to use proper punctuation marks.





Reorder sentences to make a story

My mother called the doctor. The doctor gave her some medicine.	
She will go to school tomorrow.	
My sister didn't go to school today. She was ill.	
She feels better today.	



Write a sentence with the help of guide words and pictures with proper punctuation marks

1. (hurt – medicine)



2. (favourite – mushroom)



3. (eat – dessert)





What's wrong with Hamad?

What's wrong with Hamad?



His stomach hurts.

His stomach hurts.





Don't eat a lot of chocolate.

Don't eat a lot of chocolate.





Can I have a spoon, please?



Can I have a spoon, please?

Is there any water?



Is there any water?



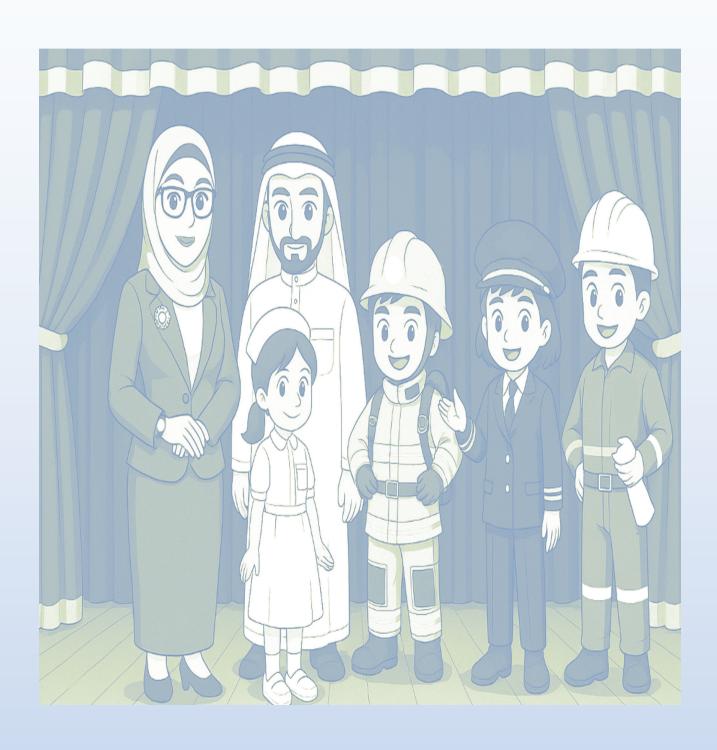


Can I have some salad?





My Future Job



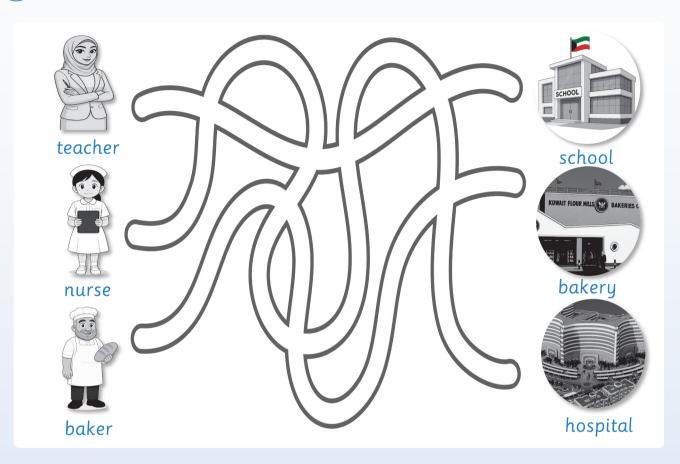


My Future Job

Vocabulary

	/20	
••••	/ ZU	

Help each one get to work



Use the word list to complete the sentences

(bakery - hospital - teacher - police station)

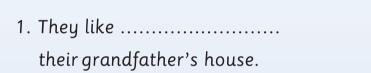
- 1. Ms. Amal is a ______. She works at school.
- 2. They are policemen. They work at the
- 3. She is a nurse. She works at the



Look, choose, then write



(visit/visiting)





(want/wants)

2. She to be a nurse and work in a hospital.

Choose the correct answer from a, b or c

- 1. We to buy books.
 - a. wants

b. wanting

- c. want
- 2. I like with my mother.
 - a. cooks

- b. cooking
- c. cook
- 3. Noura to be a doctor when she grows up.
 - a. wants

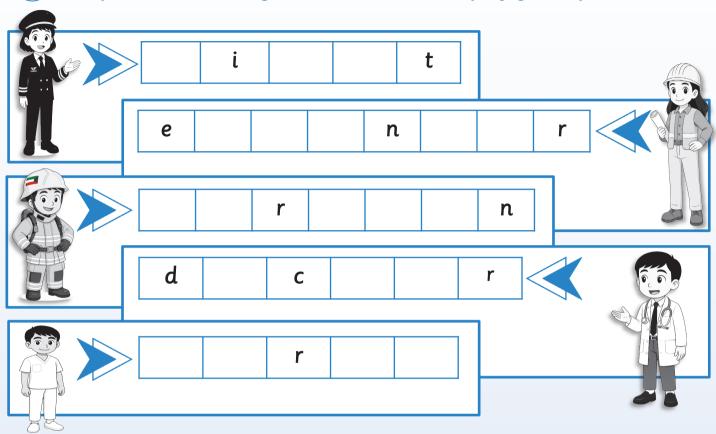
b. wanting

c. want





Complete the missing letters with the help of guide pictures



Write sentences with the help of guide words and pictures using proper punctuation marks

1	(wear	- hel	met)
Ι.	lvveai	- 1161	いいとい





2. (doctor - save)





3.(firemen – brave)







Group the words under the correct table

fire station houses fireman helmet books teacher hose engineer school

Job	Place	Tool

Choose	the	correct	answer	from	a	h	or	C
Citoose	CITC	COLLECT	artswei	J1 0110	u,		O I	

1. I want to be a pilot when I

a sava	h grow un	د دماا

- 2. My father is a policeman.
- a. heavy b. safe c. brave
- 3. Engineers work on
 - a. projects b. smokes c. teachers



Read and correct the verbs between brackets

Hamad and Fahad	went (go) to vis	sit their grandpa.
They	(talk) about their week. (On the way to
school, they	(see) a fire in a bu	ilding. Smoke
(be	e) everywhere. They	(call)
112 for help. The brav	e firemen	(save) the
people.		

Choose the correct answer from a, b or c

- 1. What did you at school yesterday?
 - a. learn
- b. learning

- c. learned
- 2. Last Friday, I my friend Saleh.
 - a. call

b. called

- c. calling
- 3. Reem her mother, last night.
 - a. helps
- b. helping

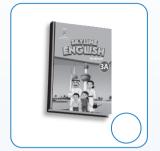
c. helped





Tick the tools the fireman needs at work and write about the job using the key words



















1	
• •	

2.

3.





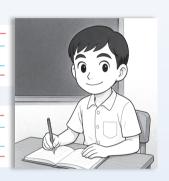
I want to be a teacher.

I want to be a teacher.



He likes studying English.

He likes studying English.





They want to work at school.

They want to work at school.





The firemen were brave.

The firemen were brave.



He called 112 for help.

He called 112 for help.





Policemen work hard.

Policemen work hard.



Credits and Acknowledgments O O O

Images and Illustrations

Most images and illustrations were generated with the assistance of ChatGPT. Additional visuals were sourced from Canva.

Songs and Lyrics

The lyrics of the songs were generated with ChatGPT, and the songs were created using Sono.

Audio Material

The scripts for the audio tracks were generated by ChatGPT, and the audio tracks were created using Eleven Labs.

Design and Layout

The overall design and layout of this book were created using Canva.

Fonts Used

This book uses the following fonts: Primary Sassoon and Century Gothic.

Icons and Graphics

Icons and graphic elements were created using ChatGPT tools and illustrations.











الكتاب كاملاً